
Chapter 18 : **MEDICAL SERVICES AND FIRST AID**

INTRODUCTION/OVERVIEW

First aid is defined as the IMMEDIATE and TEMPORARY care given the victim of an accident or sudden illness until the services of a physician can be obtained.

Every jobsite must have at least one person who has a valid certificate in first aid training that can be verified by documentary evidence.

All our jobsites must have sufficient first aid supplies, approved by **CUNNINGHAM PAVING's** consulting physician, to care for the particular size of workforce assigned to that location. The kit must be checked at least weekly to ensure expended items are replaced.

Each jobsite is to have the name, number, and address of a doctor, clinic, hospital, and ambulance service posted near the jobsite telephone.

Should you or one of your fellow workers require first aid, remember to follow these safety guidelines.

FIRST AID

1. In emergency cases, always use an ambulance, never a car or truck.
2. Never move a person with a broken or fractured bone unless there is greater danger in leaving him where he is.
3. Use extreme care in case of fractured spine, neck or skull. Do not move the person. Get immediate medical help.
4. In cases of near drowning, gas poisoning, electric shock, heart failure or suffocation, attempt to restore breathing with artificial respiration while another person calls for a fire department resuscitator.
5. In cases of severe bleeding, attempt to control bleeding by putting a clean cloth over wound and applying direct pressure.
6. Remember that the most important thing to do for an injured person is to keep him/her quiet, protected and reassured that everything possible is being done for him/her as quickly as possible.

ACCIDENT REPORTING

1. Remember that anyone injured on the job, no matter how small the injury, must report to the foreman immediately.
2. **Foreman** - Make out an accident report on any person sent to a doctor, hospital or clinic.
3. **Foreman** - Immediately notify the on-site safety representative and main office safety director in case of lost time, serious injury, or fatality
4. **Foreman** - Interview any witnesses and obtain statements concerning lost time cases, fire, theft, equipment damage, vehicle accident and other instances of material damage.

First Aid Kits

1. All Cunningham Paving Company worksite truck will be equipped with an adequate First Aid Kit.
2. All first aid kits will be equipped with band aids, bandages, anti-bacteria cream, gauze, wraps and eye wash.
3. Eye wash in First Aid Kits will be provided for quick drenching or flushing of eyes or body where the eyes or body of any person may be exposed to injurious corrosive materials.
4. First Aid Kits will be inspected on a monthly basis and if any of the contents is found to be out of date, expired or missing they shall be replaced with new.